



JOINT BASE SAN ANTONIO • MILITARY & FAMILY READINESS CENTER

April — May Calendar of Events

MILITARY & FAMILY READINESS CENTER



- ARMED FORCES ACTION PLAN • CASUALTY ASSISTANCE • DEPLOYMENT READINESS • EMPLOYMENT ASSISTANCE •
- EXCEPTIONAL FAMILY MEMBERS • FAMILY LIFE • FINANCIAL READINESS • INFORMATION & REFERRAL •
- MILITARY & FAMILY LIFE COUNSELORS • MILITARY RELIEF SOCIETIES • PROFESSIONAL DEVELOPMENT •
- RELOCATION READINESS • RESILIENCY • SURVIVOR BENEFIT SERVICES • TEAM BUILDING • TRANSITION ASSISTANCE •
- UNIT FAMILY READINESS • VOLUNTEER OPPORTUNITIES • WORK LIFE • VOTING ASSISTANCE •

THREE LOCATIONS TO SERVE JBSA
FORT SAM HOUSTON • LACKLAND • RANDOLPH

JBSA-MILITARY & FAMILY READINESS FLIGHT

The Joint Base San Antonio-Military & Family Readiness Centers incorporate services from all branches: Air Force Military & Family Readiness Center (M&FRC), Army Community Service (ACS), and Navy Fleet & Family Support to support the community. M&FRC programs and services support self-reliance, mission readiness, resiliency, and eases adaptation into the military way of life.

Regardless of specific duty station location, patrons assigned to JBSA can attend trainings and utilize the services offered at all three locations. We offer a variety of classes, trainings, and workshops that promote, educate, and facilitate readiness and resiliency:

Aid Societies, Financial Relief

Air Force Families Forever

Armed Forces Action Plan

Casualty Assistance

Commander's Key Support Program

Deployment Readiness

Employment & Career Development

Exceptional Family Member Program

Financial Readiness

Heart Link

Hearts Apart

Information & Referral

Unit Family Readiness

Military & Family Life Counselors

Military Family Team Building

Personal & Work Life

Relocation Services

Resiliency Training

Survivor Benefit Plan

Transition Assistance Services

Volunteer Opportunities

Warriors in Transition

Voting Assistance Program

Briefings for groups, units, or one-on-one consultations are available by request. Programs and events are subject to change. Some services require a minimum number of participants to be effective. Classes not meeting the minimum number of registered participants may be canceled or rescheduled. Other services may have a limited number of seats or space. Register in advance to guarantee service availability.

(FSH)

JBSA-Fort Sam Houston
(210) 221-2705

(LAK)

JBSA-Lackland
(210) 671-3722

(RND)

JBSA-Randolph
(210) 652-5321

All services provided by the JBSA-M&FR Flight are free and open to all branches of the military, Active Duty Military and their families, Reservists, Coast Guard, National Guard, Retirees, Surviving Spouses, DoD civilian employees (APF and NAF), and DoD contracted employees, unless otherwise stated. The JBSA M&FR flight encourages all people to participate in its programs and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please call in advance of your participation or visit.



JBSA-Fort Sam Houston

Mon-Fri 7:30 AM-4:30 PM

Closed: Every Thursday 1-4:30 PM

Federal Holidays & AETC Resilience Days



JBSA-Lackland

Mon-Fri 7:30 AM-4:30 PM

Closed: Every Thursday 1-4:30 PM

Federal Holidays & AETC Resilience Days



JBSA-Randolph

Mon-Fri 7:30 AM-4:30 PM

Closed: Every Thursday 1-4:30 PM

Federal Holidays & AETC Resilience Days



CALENDAR OF EVENTS APRIL-MAY 2026

JOINT BASE SAN ANTONIO-MILITARY & FAMILY READINESS FLIGHT

Relocation 3

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Location Identifiers found left of Workshop listing:

FSH

LAK

RND

JBSA

Fort Sam Houston

Lackland

Randolph

Joint



**All centers will be closed:
May 22 & May 25 - Memorial Day**

This bi-monthly publication is produced by the 802d Force Support Squadron (FSS), JBSA-Military & Family Readiness Centers. Although every effort is made to publish accurate information, classes and guest speakers are subject to change due to unforeseeable circumstances. Some services require a minimum number of attendees in order to be effective. If the minimum is not met, the class may be canceled or rescheduled. Other services may be limited in size due to classroom space. To ensure availability, call to register.

RELOCATION ASSISTANCE

Reduce or eliminate problems arising due to frequent moves with specialized services such as sponsorship and pre-arrival information; mandatory overseas briefings and post-move orientations; lending closet; and immigration services. Call for more information or to sign up for a class.

Naturalization Ceremony

FSH

April 22 & May 27

1:30-2:30 p.m.

Newcomer's Orientation

FSH • April 10, 17
May 1, 15
8:30 a.m. to 12:30 p.m.

LAK • April 1, 15
May 6, 20
8:30 a.m. to Noon

RND • April 6
May 11
8 a.m. to Noon

JBSA Pre-Arrival Orientation (Held Virtually)

JBSA • April 28 & May 26 • 8 a.m.

Plan My Move

Contact your servicing M&FRC

Supplemental Sponsorship Training

FSH • April 1
May 6
12-1 p.m.

LAK
May 14
10-11 a.m.

New Unit Leadership Brief

LAK
April 28
8:30-11:30 a.m.

Naturalization Ceremony | Come witness Service Members take the Oath of Allegiance and become new United States citizens. No registration needed.

Newcomer's Orientation | Mandatory for all newly assigned JBSA military. Families welcome. To Register: FSH-Go through Joint Personnel Processing Center (JPPC), LAK – Contact CSS or CPO, RND – Contact Unit Personnel Office

JBSA Pre-Arrival Orientation | Get a head start on your PCS. Learn about JBSA housing, child care, schools, healthcare, jobs, and more—before you arrive.

Plan My Move | Service members PCS'ing for the first time, and all ranks PCS'ing OCONUS are required to complete this Training

New Unit Leadership Brief | This mandatory briefing meets AFI requirements and introduces key staff and support services at the Military & Family Readiness Center.

Supplemental Sponsorship Training | In accordance with AFI 36-3009, eSAT provides checklists, needs assessments, customizable letters, and local resource tips. Family members may also become sponsors. Registration required.



emBOLDen

inspiring confidence, courage and strength

Being a military spouse comes with unique challenges and taking care of yourself is crucial. This experience aims to equip you with the knowledge and tools you need to prioritize your well-being, manage stress and foster resilience.



MAY 9 - 9 AM TO 1 PM



Register Here

— Scan to —
Reserve Your Spot

Multiple Self-Care Stations

- Physical Fitness
- Social Activities
- Coping Practices
- Networking
- Emotional Well-Being
- Spiritual Well-Being

**HELD AT JBSA-FSH MILITARY & FAMILY READINESS CENTER
3060 STANLEY RD. BLDG 2797**

Scan QR code or for more information contact us by
e-mail: 802fss.fsyр.personalworklife@us.af.mil • or call (210) 221-2705



FINANCIAL READINESS

Personal Financial Readiness provides information and guidance to assist with financial matters such as budgeting, debt reduction, and basic investment planning. Services are designed to address money management issues, financial readiness education, and basic spending plans.

First Duty Station Officer

FSH • April 7
May 5
8-9:30 a.m.

LAK • April 10
May 1
8-11 a.m.

RND
May 14
9-11 a.m.

PCS Touchpoint CMT

How to Build a Budget

Bundles for Babies

FSH • April 7, 21
May 5, 19
2:30-3:30 p.m.

LAK • April 14, 28
May 12
1-3 p.m.

RND
May 1
9-11:30 a.m.

Vesting in TSP

Moving Out of the Dorms

Car Buying

FSH
April 24
1-2 p.m.

LAK • April 17
May 8
8-10 a.m.

RND
April 9
9-10:30 a.m.

Prepare Finances for Marriage

Prepare Finances for Divorce

Continuation Pay

FSH
April 7
11:30 a.m. to 12:30 p.m.

FSH
May 5
11:30 a.m. to 12:30 p.m.

RND
April 16
9-10 a.m.

Prepare Finances for First Child

Prepare Finances for Deployment

Prepare Finances from Return from Deployment

FSH • April 7
May 5
10-11 a.m.

FSH • April 9, 23
May 14, 28
9-10 a.m.

FSH • April 9, 23
May 14, 28
11 a.m. to Noon

Understanding your Credit Report & Score

Saving & Investing

Home Buying

FSH
May 29
2:30- 4 p.m.

FSH
April 10
11 a.m. to Noon

FSH
April 10
1:30-3:30 p.m.

Mandatory Financial Touchpoints • Call to schedule an appointment. Think of your financial journey as a road trip, you'll need a plan, fill-ups, and maintenance. These mandatory touchpoints help navigate each stage of your journey. Touchpoints include: First Duty Station, Promotions, Vesting in Thrift Savings Plan, Continuation Pay, Marriage, Birth or Adoption of First Child, Divorce, Pre-/Post-Deployment, and Career Transition.

First Duty Station Officer | Mandatory within 90 days for all non-prior enlisted officers at their first duty station. Covers pay, entitlements, insurance, credit, TSP, and more.

PCS Touchpoint CMT | Mandatory financial readiness training for E6, O3, W2 and below to prepare for PCS-related expenses and changes.

How to Build a Budget | Learn how to create or improve a realistic budget, set financial goals, and prioritize spending for better money management.

Bundles for Babies | This training covers financial planning from conception to college. Supports active duty expecting parents, includes a gift card for Air Force Affiliated attendees and meets a DoD Financial touchpoint requirement.

Vesting in the TSP | Learn TSP rules on contributions, tax benefits, and post-service options; fulfills DoD Financial Touchpoint.

Moving Out of the Dorms | Learn how to budget for moving out, including BAH, rental costs, and renter's insurance.

Car Buying | Learn how to research, finance, and budget for a car purchase while avoiding common pitfalls and negotiating a great deal.

Prepare Finances for Marriage | Learn how to build a joint budget, review credit, and plan finances as a couple; fulfills DoD Touchpoint.

Prepare Finances for Divorce | Get tips on managing finances during divorce, adjusting budgets, accounts, and retirement funds; fulfills DoD Touchpoint.

Continuation Pay under BRS | Learn when you can collect Continuation Pay under BRS, tax impacts, and fulfill a DoD Financial Touchpoint.

Prepare Finances for First Child | Plan for your first child with help from financial readiness pros. Fulfills DoD Financial Touchpoint; complete within 6 months of DEERS update.

Prepare Finances for Deployment | Plan your finances before deployment to stay mission-focused and take advantage of deployment-related benefits.

Prepare Finances for Return from Deployment | Develop a solid financial plan for post-deployment tasks and long-term financial stability.

Understanding your Credit Report & Score | Learn how credit scores work and what it takes to achieve an 850 score.

Saving & Investing | Explore basic saving and investing strategies, risks, rewards, and tools to meet financial goals.

Home Buying | Get tips on buying a home, resolving mortgage issues, and understanding the differences between renting and owning. Learn about the home-buying process, choosing a Realtor, and what goes into a mortgage payment.

QUICK TIPS FOR SAVING MONEY

CREATE A BUDGET



EVALUATE SPENDING HABITS

EMERGENCY FUND



LIMIT DEBT

COMPARE PRICES



INVEST FOR THE FUTURE

MONITOR YOUR CREDIT



FOR MORE INFORMATION CONTACT YOUR M&FRC FINANCIAL TEAM

FOLLOW US

Facebook.com/mfrcjbsa

TELL US HOW WE'RE DOING AT THE MILITARY & FAMILY READINESS CENTERS

Fort Sam Houston	Lackland	Randolph

ICE
INTERACTIVE CUSTOMER EVALUATION

EMPLOYMENT ASSISTANCE

Employment Assistance helps patrons improve essential skills needed to secure employment in a competitive job market. Services include job counseling, resume writing assistance, educational information, and more. Call for more information or to reserve a seat.

Employment Consultation

FSH
Call to schedule

LAK
Call to schedule

RND
Call to Schedule

Mock Interview

FSH
Call to schedule

LAK
Call to schedule

RND
Call to Schedule

Master LinkedIn

LinkedIn Optimized

Claim Your Worth Salary Conversation

FSH • May 27
1-3 p.m.

LAK • April 28
1-3 p.m.

FSH • April 29
1-3 p.m.

Relaunch with AI

Mock Interview Lab

Acing the Interview

FSH • April 1 • 9-11 a.m.
May 6 • 1-3 p.m.
Virtual

FSH • April 15
1-3 p.m.

RND • May 12
10-11:30 a.m.

Resumes that Work

Private Sector Resume

Ready, Set, Resume

FSH • April 8 & May 13
1-3 p.m.

LAK • April 14
1-3 p.m.

RND • May 19
10 a.m. to Noon

Employer Connect

Navigating Federal Hiring System & Resume

LAK • May 7
10 a.m. to 2 p.m.

LAK • May 5
1-3:30 p.m.

RND • April 21
12-3:30 p.m. (Virtual)

Employment Consultation/Resume Review • Call to Schedule an Appointment

Get personalized career advice and resume help through one-on-one consultations to support your job search and interview preparation.

Interview Prep/Mock Interview • Call to schedule an Appointment

Practice interview skills, boost confidence, and prepare for tough questions with a personalized mock interview session.

Master LinkedIn | Learn how to build and optimize a professional LinkedIn profile that highlights your skills, experience, and personal brand so recruiters and employers can easily find you. This hands-on workshop will also cover networking strategies and simple ways to stay visible and engaged with opportunities online.

LinkedIn Optimized | Learn how to optimize your LinkedIn profile to highlight your strengths and professional brand, while exploring connection-building strategies and leveraging various resources for your career advancement.

Claim Your Worth Salary Conversation | Learn strategies to research, pitch, and confidently negotiate your salary or raise.

Relaunch with AI | Learn the federal résumé format and get essential tips to strengthen your application as you relaunch your career.

Acing the Interview | Learn how to prepare for interviews, make a lasting impression, and master different interview techniques with confidence.

Resumes that Work | Your résumé is often your first impression with employers—learn how to turn your experience into a clear, compelling civilian résumé that highlights accomplishments and transferable skills. This interactive workshop will also cover formatting strategies and how to tailor your résumé to specific job opportunities so you can stand out in today's competitive job market.

Private Sector Resume | Build effective resumes, translate skills, and prepare for civilian and private-sector job searches.

Ready, Set, Resume | Learn the basics of creating a general resume from start to finish.

Employer Connect | Focused Hiring Event. Meet Employers who have jobs in the Medical field who are hiring for positions during the event, (be prepared with your resume and for an interview the day of) as well as beyond the event

Navigating Federal Hiring System & Resume | Learn how to navigate USAJOBS, understand vacancy announcements, and tailor your federal resume.



JBSA MILITARY & FAMILY READINESS CENTER

JOB BANK

Looking for your next career move?
 Scan our QR code to request access to our job bank or visit
<https://www.facebook.com/groups/196831363460105>
 This job bank is filled with exciting opportunities and upcoming job fairs and events.



Contact the JBSA Employment Assistance Program for additional services and support :

Fort Sam Houston
(210) 221-2705

Lackland
(210) 671-3722

Randolph
(210)652-5321



ARE **YOU** PREPARED

FOR YOUR SERVICE MEMBER'S RETIREMENT OR SEPARATION
When they transition, **YOU** Transition Too!

JBSA-Randolph M&FRC

TAP **T** 
TRANSITION ASSISTANCE PROGRAM

May 20

9 AM-3:30 PM

Register by May 18, 2026 by 4:30 PM (CST)

Retirement and transitioning can be an exciting time. It can also present challenges for your family that you can prepare for in order to eliminate unnecessary stress and hardships.

Formulate your plan for the military to civilian transition together by reviewing popular topics that impact our transitioning population. Discuss psychological aspects of change, finances, medical coverage, and resources that can help you find answers.

TAP Too is specifically developed to help military spouses from all branches of service. This workshop will be held in-person at JBSA-Randolph M&FRC
555 F Street West, Building 693 • To register, call (210) 652-5321

TRANSITION ASSISTANCE PROGRAM-FSH • JTRC

The Joint Transition Readiness Center at Fort Sam Houston offers TAP, a mandatory program for all service members separating or retiring from the military. Members must begin TAP no later than 14 months before transition date, earlier is better. TAP helps service members meet their post-military goals and plan for a smooth transition. To register for FSH-TAP call 210-916-7322 or 210-916-6089.

Initial Counseling

FSH
Monday-Friday
Call to Schedule

Pre-Separation Counseling

FSH • April 1, 8, 15, 22, 29
May 6, 13, 20, 27
8 AM to Noon

DoD Day

FSH • *Executive & Retiree*
April 13 & May 4, 14
8 a.m. to 4 p.m.

FSH • *Separation*
April 27 & May 11
8 a.m. to 4 p.m.

VA Benefits & Services

FSH • *Executive & Retiree*
April 14 & May 5, 19
8 a.m. to 4 p.m.

FSH • *Separation*
April 28 & May 12
8 a.m. to 4 p.m.

DoL Employment Fundamentals of Career Transition

FSH • *Executive & Retiree*
April 15 & May 6, 20
8 a.m. to 4 p.m.

FSH • *Separation*
April 1, 29 & May 13
8 a.m. to 4 p.m.

DoL Employment Track (2 -day Workshop)

FSH • *Executive & Retiree*
April 16-17 & May 7-8
8 a.m. to 4 p.m.

FSH • *Separation*
April 2-3, 30-May 1 & May 14-15
8 a.m. to 4 p.m.

DoL Career & Credential Exploration Track (2-day Workshop)

FSH
April 20-21 & May 11-12
8 a.m. to 4 p.m.

Employer Day

FSH
April 1 & May 13
10 a.m. to 1 p.m.

From Hello to Hired

Benefits Delivery at Discharge Workshop & Claims

FSH
April 9 & May 14
1-3 p.m.

FSH
April 22 & May 22
9-11 a.m. & 1-3 p.m.

Vetpreneurship

USA Jobs

FSH
May 29
9-11 a.m.

FSH
April 23 & May 21
8-10 a.m.

LinkedIn

FSH
April 23 & May 21
10 a.m. to Noon.



Individualized Initial Counseling | Required one-on-one session to start the transition process, covering self-assessment, goal setting, and an Individual Transition Plan.

Pre-Separation Counseling | Step two of the TAP process providing mandatory information on benefits and resources for transitioning Service Members and their Families.

DoD Day | A full-day session covering Managing Your Transition, MOC Crosswalk, and Financial Planning.

VA Benefits & Services | Covers VA benefits and services to support transitioning Service Members and their Families post-military.

DOL Employment Fundamentals of Career Transition | Introduces tools and resources for exploring civilian careers and understanding the employment process.

DOL Employment Workshop | Two-day workshop on resume building, job searching, and interview skills for civilian employment.

DOL Career & Credential Exploration | Two-day session exploring vocational careers, required skills, and credentialing programs.

Career Skills Program Overview | Brief overview of eligibility and opportunities within the Career Skills Program.

Employer Day | Networking event with employers offering potential interviews and job opportunities on-site.

From Hello to Hired | Learn how to translate your unique experiences into powerful responses that resonate with civilian employers.

Benefits Delivery at Discharge (BDD) Workshop & Claims | Covers the BDD claims process and required documentation for transitioning Service Members.

Mock Interviews | Practice interview skills, boost confidence, and prepare for tough questions with a personalized mock interview session.

Vetpreneurship | Covers the essential elements of starting your own business with focus on foundational requirements.

USAJOBS Navigation & Federal Resume | Hands-on class on navigating USAJOBS and tailoring federal resumes to job announcements.

LinkedIn 101 | Workshop on creating a strong LinkedIn profile to support your job search.

DoW SkillBridge Career Skills Program | SkillBridge connects Service Members in their last 180 days of active duty with civilian apprenticeships, internships, and training in fields like healthcare, IT, and finance.

Effective 9 Jan 2026

Support for the DOW Skillbridge & Army Career Skills Program on JBSA have been returned to each Military Service, to help transitioning service members find their Service-specific general information, eligibility criteria, and application support. For more information you can visit <https://skillbridge.osd.mil/>

TRANSITION ASSISTANCE PROGRAM- LACKLAND & RANDOLPH

TAP is a mandatory program for all service members separating or retiring from the military. Members must begin TAP no later than 14 months before transition date, earlier is better. TAP helps service members meet their post-military goals and plan for a smooth transition.

Pre-Separation Counseling		
LAK • April 14, 28 May 12 9 a.m. to Noon		RND • April 8, 22 May 6, 13, 27 12-3:30 p.m.
TAP DoD Transition Day		TAP Workshop (3-day)
LAK • April 6, 20 May 4, 18 7:30 a.m. to 4 p.m.		RND • April 13-15 May 4-6 8 a.m. to 4 p.m.
DoL Employment Workshop (2- Day)		TAPT00
LAK • April 9-10, 23-24 May 7-8, 21-22 8 a.m. to 4 p.m.	RND May 7-8 8 a.m. to 4 p.m.	RND May 20 9 a.m. to 3:30 p.m.
DoL Day 1		VA Benefits & Services
LAK • April 8, 22 May 6, 20 8 a.m. to 4 p.m.	LAK • April 7, 21 May 5, 19 8 a.m. to 4 p.m.	RND April 24 8 a.m. to 4 p.m.
Benefits Delivery at Discharge Workshop & Claims		Vocational Track C2E
LAK • April 16 May 28 1-2 p.m.	RND • April 23 May 28 8-9 a.m.	RND April 16-17 8-9 a.m.

Pre-Separation Counseling | Step two of TAP, providing required benefits and transition resources for service members and families.

DoD Transition Day | Full-day session on transition planning, MOC Crosswalk, and financial planning.

TAP Workshop (3-Day) | Required 3-day workshop on transition, finances, and VA benefits led by DOL, VA, and M&FRC (Pre-Separation Counseling required).

DoL Employment Workshop | 2-day workshop on job search, resumes, and interview skills (TAP Workshop required).

BDD Workshop & Claims | Overview of the BDD claims process, documents, and timelines.

Vocational Workshop | 2-day workshop on vocational careers, skills, and credentialing programs (TAP Workshop required).

Entrepreneurship Workshop (Boots to Business) | 2-day in-person course on business ownership, business planning, and SBA resources (DoD Transition Day required; register at sbavets.force.com).

DoL Day 1 | Introduction to tools and resources for exploring civilian careers.

Vtrepreneurship | Fundamentals of starting a business and foundational requirements.
VA Benefits & Services | One-day refresher on VA services, disability compensation, and GI Bill benefits (TAP Workshop required; also available at tapevents.mil/courses).

VA Benefits & Services | A one-day in-person course reviewing VA services, disability compensation, and GI Bill benefits, for those who want a refresher after the TAP Workshop (TAP Workshop required; also available at tapevents.mil/courses).

EXCEPTIONAL FAMILY MEMBER PROGRAM

EFMP is a mandatory enrollment program that assists service members and their families with special, physical, emotional, developmental, or intellectual needs. EFMP works with military and civilian agencies to provide comprehensive and coordinated medical, educational, housing, community support, and personnel services. Call for more information.

EFMP Lunch & Learn

FSH • April 15 & May 20
11:30 a.m. to 1 p.m. (Virtual)

LAK • May 28
11:30 a.m. to 12:30 p.m.

RND • May 14
11 a.m. to Noon

EFMP Orientation

RND • April 6 & May 11
11 a.m. to Noon

Navigating EFMP

LAK • April 23
11:30 a.m. to 12:30 p.m.

Strike Out Challenges

FSH • April 3 & May 1
5-7 p.m.

EFMP Family Connections

FSH • April 14, 28 & May 12
10-11:30 a.m.

What does it Mean to Me?

FSH • April 8
May 13
11:30 a.m. to 1 p.m.

Sensory Friendly Storytime

LAK
April 24 & May 22
9:30-10:30 a.m.

EFMP Fun Day

RND
April 25
10 a.m. to Noon

Military Child Fest

LAK
April 3
10 a.m. to Noon

EFMP Lunch & Learn | Join us in sharing helpful resources, overcome challenges and discuss different topics related to your Exceptional Family Member. For more information contact your hosting M&FRC.

EFMP Orientation | Learn who qualifies for EFMP, how to enroll, and how the program supports families through services like respite care, TRICARE, and education resources.

Navigating EFMP |

Strike Out Challenge | Join us the first Friday of each month for free bowling and shoe rental for EFMP & Hearts Apart Families at the Fort Sam Houston Bowling Center.

EFMP Family Connections | Caring for a special needs family member can be challenging. This is an opportunity to connect with other family members to share ideas, challenges & learn about resources in the community.

What does it mean to me? | Learn how the EFMP supports families by exploring who qualifies as an Exceptional Family Member and how the program's three pillars work together. Topics include the assignment process, TRICARE ECHO, Respite Care, and other resources for you and your family.

Sensory Friendly Storytime | An engaging, sensory-tailored program featuring hands-on crafts, music, movement, and interactive fun in a safe, supportive space for families to connect. Perfect for all ages and a wonderful addition to your homeschooling routine or daytime enrichment.

EFMP Fun Day | Join us for a fun filled day of games, food and fun for the whole family in a welcoming community environment! For more information contact JBSA-Randolph M&FRC.

Military Child Fest | Celebrating our youngest heroes with hands-on fun and engaging activities for kids, while parents connect with community partners and explore valuable resources designed to support military families

PERSONAL & WORK LIFE

Personal & Work Life programs provide educational, enrichment, and prevention services to service members, military families, and other DoD ID cardholders. It helps them develop interpersonal, self-care, problem-solving, and help-seeking skills that help build the readiness and resilience needed to thrive throughout the military life cycle.

Car Seat 101	EmBOLDen
FSH • April 7 May 5 9-11 a.m.	FSH May 9 9 a.m. to 1 p.m.

Survivor Benefit Plan Group Briefing	
LAK By Appointment Only	RND • April 9 May 14 9-10:30 a.m. (Virtual)



Car Seat 101 | Learn about car seat types and basic installation tips to keep your child safe.

Survivor Benefits Group | The Survivor Benefit Plan briefing with the SBP Counselor is required by law and helps the service members and their spouse become familiar with the options, effects, and advantages of SBP. Prospective retirees are required to attend a Survivor Benefit Plan briefing and meet with an SBP counselor to complete the DD Form 2656 and data for Payment of Retired Personnel.



EmBOLDen | Being a military spouse comes with unique challenges and taking care of yourself is crucial. This seminar aims to equip you with the knowledge and tools you need to prioritize your well-being, manage stress and foster resilience.



Texas WIC | The national Supplemental Nutrition Program for Women, Infants and Children (WIC) supports expecting parents from pregnancy to delivery to raising a child to 5 years of age. Meet with a clerk, Licensed Vocational Nurse, or Nutritionist at the Fort Sam Houston M&FRC every 1st Tuesday and 3rd Wednesday from 7:30 a.m. to 4 p.m. to learn about nutrition, breastfeeding, counseling services, and more. Open to all JBSA patrons. Call (210) 704-4180 to schedule an appointment. WIC is an equal opportunity program.

How to become a Volunteer



The Volunteer Management Information System (VMIS) is an online tool providing a real-time snapshot of volunteer opportunities.

VMIS is a platform that allows organizations on Joint Base San Antonio to share their volunteer openings.

VMIS helps volunteers to manage their volunteer service record, trainings, certificates and track their hours.

Need help registering?
Contact us today to learn about our upcoming VMIS Classes.



DEPLOYMENT READINESS PROGRAM & VOTING

Deployment Readiness offers workshops, briefings, and support groups to enhance mission preparedness and self-reliance throughout the phases of a deployment cycle. Registration is required for unit family readiness workshops no later than 48 hours prior.

The Federal Voting Assistance Program (FVAP) provides information and guidance to active duty service members, their families, and all eligible voters with information and guidance on the voting process by contributing to a better understanding of voter rights and absentee voting. For more information, e-mail the corresponding locations at vote.fortsam@us.af.mil; vote.lackland@us.af.mil; vote.randolph@us.af.mil

Pre-Deployment Briefing

Post Deployment Briefing

FSH • April 9, 23
May 14, 28
8-10 a.m.

FSH • April 9, 23
May 14, 28
10 a.m. to Noon

Pre-Deployment Briefing

Post Deployment Briefing

LAK • Tuesdays & Wednesdays
9-10 a.m.

LAK • Tuesdays & Wednesdays
1-2 p.m.

Pre-Deployment Briefing

Post Deployment Briefing

RND
By Appointment Only

RND
By Appointment Only

R.E.A.L SFRG Fund Custodian

R.E.A.L Care Team

R.E.A.L Command Team Training

FSH • May 21
9-11 a.m.

FSH • April 2
9-11 a.m.

FSH • April 16
9-11 a.m.

R.E.A.L SFRG CFRR Training

UVAO Training

FSH • May 7
9-11 a.m.

FSH • April 17
1-3 p.m.

RND • May 5
11:30 a.m. to 1 p.m.

Pre-Deployment Briefing | Required in-person briefing for service members deploying, going TDY over 30 days, or on remote assignment; covers deployment prep and financial management, fulfilling a DoD Financial Touchpoint.

Post-Deployment Reunion & Reintegration | Required in-person training for returning service members covering reintegration, finances, and stress management; spouses encouraged, fulfills a DoD Financial Touchpoint.

R.E.A.L. SFRG Fund Custodian | Review regulations for managing informal funds and fund raising. Tips and techniques for executing the role as well as practical exercises and local installation legal Q&A session.

R.E.A.L. CARE Team | Equips SFRG volunteers with the critical skills needed to support unit families during periods of crisis, injury, or loss.

R.E.A.L. Command Team Training | In-person training for Commanders and First Sergeants on SFRG operations, roles, funding, volunteer management, and recruiting.

R.E.A.L. SFRG CFRR Training | Soldiers appointed as CFRRs receive essential information to support the operational, logistical, and administrative functions of the SFRG.

UVAO Training | The 802nd FSS JBSA M&FRC in collaboration with the FVAP will conduct a congressionally mandated voting assistance officer training workshop for VAO's, and those providing assistance.

VOLUNTEER PROGRAM

Volunteers support the military and community in roles like coaches, office assistants, Key Spouses, Ombudsmen, SFRG leaders, and more. Volunteer Services connects individuals with meaningful opportunities—call for details. The AFAP (Army Family Action Plan) is your voice to Military leadership. Share quality-of-life concerns, ideas, and feedback to help improve the Military community. Open to Soldiers, Civilians, retirees, survivors, and Family members.

Volunteer Award Ceremony	AFAP Focus Group
FSH April 21 1-2:30 p.m.	FSH • April 6 May 4 10-11 a.m.
Volunteer 101 (Virtual)	Volunteer Advisory Council (Virtual)
FSH May 11 10-11 a.m.	FSH May 8 1-2 p.m.

Volunteer Award Ceremony | Join us to honor JBSA Volunteers as we present them with awards to recognize and thank them for their countless hours of service and the significant positive impact they have within our community.

AFAP Focus Group | Share quality-of-life concerns to be presented to leadership through the Armed Forces Action Plan process.

Volunteer 101 | Get hands-on training with VMIS to search for, track, and log volunteer opportunities and hours. Learn how to manage volunteers using the Volunteer Management Information System (VMIS) as an Organizational Point of Contact

Volunteer Advisory Council (VAC) Meeting | Open meeting for the community attended by representatives from volunteer agencies across the installation to share opportunities and resources.

Joint Base San Antonio VOLUNTEER *Awards* CEREMONY

Join us to honor JBSA Volunteers as we present them with awards to recognize and thank them for their countless hours of service and the significant positive impact they have within our community.

APRIL 21 • 1PM
**JBSA-FORT SAM MILITARY & FAMILY
READINESS CENTER**
3060 STANLEY RD, BLDG 2797, FORT SAM HOUSTON, TX 78234



MILITARY & FAMILY READINESS CENTER

MILITARY CHILD FEST

A CELEBRATION OF OUR YOUNGEST HEROES!



As children dive into hands-on fun, parents will have opportunities to connect with community partners and discover helpful resources for military families.



Friday
April 3, 2026



10 AM TO
NOON



M&FRC Outside Overhang
1550 Wurtsmith Street,
building 5725 JBSA Lackland, TX 78236

To register, e-mail: 802fss.fsfr.1@us.af.mil

The JBSA Military & Family Readiness Centers encourage all people to participate in its programs and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please call in advance of your participation or visit.

OPEN TO
EFMP,
HEARTS
APART, &
AFFF



Don't miss our
giveaways!



COMMANDER'S KEY SUPPORT PROGRAM

The Commander's Key Support Program (CKSP) is a unit readiness program that strengthens family support and connectedness, especially during deployments and PCS moves. Through trained volunteers, the program provides information, resources, and referrals to help families stay informed and resilient. CKSP fosters community, promotes partnerships with support agencies, and ensures Air and Space Force families feel empowered and connected.

Quarterly Training		CKSP Immersion Training	
	FSH • April 14 9-11 a.m.		LAK • April 14 9 a.m. to Noon
	CKSP SAPR		Continuing Education
	LAK • May 12 9-10 a.m.		RND • April 15 (Virtual) 9-10 a.m.



Initial training is required for all newly appointed Key Support Liaisons (KSLs) and Key Support Mentors (KSMs), can be completed virtually or in person at the Military & Family Readiness Center (M&FRC) when available. This training consists of five standardized modules and takes approximately three hours. KSLs and KSMs cannot serve in an official capacity until all required training is completed.

Before initiating virtual training KSLs/KSMs must coordinate with their Commander and the M&FRC, ensuring an official appointment letter is on file with both the M&FRC and the KSL's/KSM's unit.

How do we access the virtual Initial Key Support Training?

There is a link on the AFPC CKSP page, or you can scan the QR code directly. Create an account if you do not already have one. Once logged in, click on Course Catalog. Search : Department of the Air Force Key Support Liaison Initial Training.
<https://www.militaryonesource.mil/resources/training/air-force-key-support-program/>

CKSP Quarterly Training | Available for KLSs/ KSMs, these sessions are focused on providing additional education/ networking opportunities for the CKSP team. Offered quarterly or as requested by unit leadership.

CKSP Immersion Training | KSL/KSM who complete the initial training virtually are required to complete an immersion training. KSL/KSMs who move due to a permanent change of station (PCS) are not required to re-accomplish Initial Training however, they must complete an immersion training. This training provides essential installation-specific information and a brief refresher on Initial Training, ensuring KSLs/KSMs are well-prepared for their roles.

CKSP SAPR | SAPR training is mandatory for individuals appointed as Key Support Liaisons (KSLs) and Key Support Mentors (KSMs) within the Commander's Key Support Program (CKSP). This training provides the CKSL information regarding sexual assault and reporting procedures.



JBSA-FORT SAM HOUSTON

MILITARY & FAMILY READINESS CENTER



Scan to email

3060 Stanley Road, Building 2797
(210) 221-2705; 802fss.fsyr.centerbox@us.af.mil

Hours of Operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.
Closed Thursday from 1-4:30 p.m. (staff training)
Closed for all Federal holidays & AETC Resiliency Days

TRANSITION ASSISTANCE PROGRAM



Scan to email

Joint Transition Readiness Center
3931 Okubo Barracks, Bldg. 3639
(210) 916-7322 or 916-6089; 802fss.fsyr.tap@us.af.mil

Hours of Operation:

Monday-Friday 7:30 a.m. to 4 p.m.
Closed for all Federal holidays.

JBSA-LACKLAND

MILITARY & FAMILY READINESS CENTER



Scan to email

1550 Wurtsmith St., Building 5725, Room 212
(210) 671-3722; 802fss.fsfr@us.af.mil

Hours of Operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.
Closed Thursday from 1-4:30 p.m. (staff training)
Closed for all Federal holidays & AETC Resiliency Days

TECHNICAL TRAINING AIRMAN READINESS ELEMENT

1550 Wurtsmith St., Building 5725, Room 214
(210) 671-5406 or 671-5408

Hours of Operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.
Closed Thursday from 1-4:30 p.m. (staff training)
Closed for all Federal holidays & AETC Resiliency Days

JBSA-RANDOLPH

MILITARY & FAMILY READINESS CENTER



Scan to email

555 F Street West, Building 693
(210) 652-5321; randolphmfr@us.af.mil

Hours of Operation:

Monday-Friday 7:30 a.m. to 4:30 p.m.
Closed Thursday from 1-4:30 p.m. (staff training)
Closed for all Federal holidays & AETC Resiliency Days



www.jbsa.mil/Resources/MilitaryFamilyReadiness



facebook.com/mfrcjbsa

